

Programme	Associate Degree in Home Economics	Course Code	HETF-103	Credit Hours	1(1+0)
Course Title	Fundamentals of Textiles and Clothing				
Course Introduction					
The main objective of this course is to learn the basic techniques used in the construction of a complete garment, from a basic neckline to a complete garment. Learn about the application of textile fibers according to their properties.					
Learning Outcomes					
On the completion of the course, the students will:					
1. Construct a complete garment					
2. Handle common textile fabrics and understand its characteristics					
Course Contents					
Week 1	Textile Fiber: Introduction To Textile Fiber, Classification of Textile Fibers				
Week 2	Natural fibers: Characteristics of common natural fibers				
Week 3	Characteristics of common natural fibers				
Week 4	Characteristics of common Man-made fibers				
Week 5	Characteristics of common Synthetic fibers				
Week 6	Weaves and its three basic types				
Week 7	Personal Grooming: Definition and Importance, Grooming habits				
Week 8	Mid Term				
Week 9	Personality: Definition, Fashion personality types				
Week 10	Clothing suitable for different personalities				
Week 11	Clothing suitable for different personalities				
Week 12	Philosophy of clothing				
Week 13	Consumer Education: Consumer rights, Consumer responsibilities				
Week 14	Advertisements: Definition, Importance, Types				
Week 15	Labels: Definition, Importance, Types				
Week 16	Final Term				
Text Books and Reading Materials					
Berners,L. T., & Fischetti. M. (2008). Weaving the web. Woodhead publishing limited.					
Kadolph, S. J. (2011). Textiles. New Jersey: Prentice Hall.					
Shivanna B. (2022). How to Look Well Groomed and Polished.					
Pette B.(2008). The advertising concept book.					
Skinner, T., & Schuck, J.P. (2002). The Clothing Label Book. Schiffer Pub Limited.					
Howells, G., & Weatherill, S. (2017). Consumer Protection Law.					
WeberJ. (2008). Clothing: fashion, fabrics & construction. McGraw Hill international.					
Teaching Learning Strategies					
Lecture-based learning through lectures and presentations.					
Group learning through Group presentations.					
Individual learning- through Quizzes and Assessments					